

# PRIVATE SWIM LESSON REQUEST INFO

Date: \_\_\_\_\_

Name of participant: \_\_\_\_\_

Name of guardian (if applicable): \_\_\_\_\_

Participant Age: \_\_\_\_\_

Preferred days/times: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email: \_\_\_\_\_

How many lessons would you like to purchase: \_\_\_\_\_

## Kids Private Lesson (30min)

\$35/per lesson

\$100/3 pk

\$165/5pk

\$320/ 10 pk

\$480/15pk

## Kids Semi-Private Lesson (30 min 2-4 swimmers)

\$20/per lesson

\$55/3pk

\$90/5pk

\$170/10pk

\$270/15pk

## Adult Private Lesson (1hr)

\$60/per lesson

\$170/3pk

\$370/5pk

## Adult lesson (30min.)

\$35/per lesson

\$100/3pk

\$165/5pk

## Adult Semi-Private Lesson (30min. 2-4 swimmers)

\$30/ per lesson

\$80/ 3pk

\$130/5pk

## Adult Semi-Private Lesson (1hr. 2-4 swimmers)

\$45/Lesson

\$135/ 3pk

\$225/ 5pk

## Swimming Ability: (circle one)

*Non-swimmer Beginner Intermediate Advanced*

(check what applies)

## Non-swimmer:

\_\_\_ Will not put face in water \_\_\_ Can blow bubbles in water

\_\_\_Is comfortable in water w/flotation \_\_\_Is comfortable w/o flotation

\_\_\_Can float on back w/support \_\_\_Can float on front w/support

**Beginner:**

\_\_\_Jumps into water \_\_\_Will go underwater

Can demonstrate following strokes:

Front Crawl\_\_\_ Breaststroke\_\_\_ Elementary Backstroke\_\_\_

**Intermediate:**

\_\_\_Can edge dive \_\_\_Can demonstrate survival float \_

\_\_\_Can tread water for 3 min. \_\_\_Can swim 25 yards (1 length)

Can swim 25 yards in Backstroke\_\_\_ Breaststroke\_\_\_ Front Crawl\_\_\_

Can swim 10 yds. Butterfly\_\_\_

**Advanced:**

Can surface dive\_\_\_

Can tread water for 10 min. \_\_\_

Can demo flip-turn\_\_\_

Can proficiently swim 25 yds. w/following strokes:

Backstroke\_\_\_ Breaststroke\_\_\_ Front Crawl\_\_\_ Butterfly\_\_\_

**Important Health Information**

Does your child have any of the following? Tubes in ears\_\_\_ Epilepsy\_\_\_

Special Needs\_\_\_ Asthma\_\_\_ Diabetes\_\_\_

Allergies\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please describe goals for the class:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

SpecialRequests: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Lessons/Classes you would like to see at Fraser Valley Rec:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please email [brittany@fraservalleyrec.org](mailto:brittany@fraservalleyrec.org) for any questions or scheduling requests

**Bring this form to the front desk or aquatics area of the Fraser Valley Recreation Center**

**\*\*\*Please note that private swim lessons are on a first-come first-serve basis. We will try to accommodate preferred days/times to the best of our ability\*\*\***

