

November

***Limited space call ahead to register and pay**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	*Totnastics 9:00-10:00am Ages 0.5-3				*Toddler Time 9:00-10:00am Ages 0.5-3	
*Toddler Time 10:00-11:00am Ages 0.5-3	*Family Gym 10:00-11:00am Ages 0.5-7		EEC 10:30-11:30am	Ninja Kids 10:00am-11:00am Ages 4-8	*Family Gym 10:00-11:00am Ages 0.5-7	*Family Gym 10:00-11:00am Ages 0.5-7
				Birthday Parties. 11:30am-1:30pm		
					Birthday Parties 1:00pm-3:00pm	
Level 1 Beginner 4:00-5:00pm Ages 6-10	Kidnastics 4:00pm-5:00pm Ages 3.5-5	After School Trampoline 4:00pm-5:00pm Ages 6-11	Level 1 Intermediate 4:00-5:00pm Ages 6-10	*Aerial Arts Drop-In and Tramp/Open Gym Combined Class 4:00-5:00pm Ages 8+		*Flip Your Lids - Air Awareness Training 3:00-5:00pm Ages 10+
Level 1 Beginner 5:00-6:00pm Ages 6-10	Team Practice Levels 2 and 3 5:00-7:00pm	Parkour 4:00-5:00pm Ages 6-11	Level 1 Intermediate 5:00-6:00pm Ages 6-10		*Advanced Trampoline 4:00-5:00pm Ages 9+	
Team Practice Level 4 5:30-7:30pm Optionals 5:30-8:00pm	Adult Open Gym 6:30-8:00pm Ages 18+	Team Practice Level 4 5:00pm-7:30pm Optionals 5:30-8:00pm	Team Practice Level 3 5:30-7:30pm	*Adult Silks 6:30-7:30pm Ages 14+	*Tramp/Open Gym 5:00-6:00pm Ages 8+	
					Adult Open Gym 6:00-8:00pm Ages 18+	

GYMNASTICS - NOVEMBER